



**February 22, 2019**

## VIEW ROYAL ELEMENTARY NEWSLETTER

218 Helmcken Road, Victoria BC V9B 1S6 Ph: 250-479-1671 Fax: 250-744-2389  
E-Mail: [viewroyal@sd61.bc.ca](mailto:viewroyal@sd61.bc.ca) Web Site: <http://www.sd61.bc.ca>

### IMPORTANT DATES TO NOTE:

Monday, February 25 <sup>th</sup>	Pink Shirt Assembly – 9:45am
Monday, February 25 <sup>th</sup>	Last Day for Grades K-12 Transfer Requests (for the 2019/20 School Year)
Friday, March 1 <sup>st</sup>	Fun Food Orders Due by 3:00pm
Tuesday, March 5 <sup>th</sup>	Book Fair, 2:43pm – 3:30pm
Wednesday, March 5 <sup>th</sup>	Book Fair, 2:43pm – 6:30pm
Wednesday, March 6 <sup>th</sup>	Student Led Conferences, 3:00pm – 6:00pm (drop in)
Friday, March 8 <sup>th</sup>	Fun Food Day

### PRINCIPAL'S ADDRESS:

We are back on track! We have a number of activities happening in the final weeks leading up to March Break. The basketball players are preparing for two jamborees and many classes are scheduled for field trips. One annual trip is the Grade 2 and 4 classes to the Symphony which is scheduled for Monday. We are also kicking off Pink Shirt day which is Wednesday with a Monday morning 9:45 am assembly with presentations by the Rainbow Club and our Choir.

The school played audience to the Foothills Brass Quintet this week thanks to an Artstarts Grant and our View Royal PAC.

See you at our re-scheduled Student Led Conferences on Wednesday, March 6<sup>th</sup>, 2019 from 3:00-6:00 pm combined with our Scholastic Book Fair 3:00 – 6:30pm.

~Miss Pick

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## **\*NEW DATE\* Student Led Conferences – March 6th**

We are looking forward to having parents attend Student-Led Conferences on **Wednesday, February 6<sup>th</sup>, 2019 between the hours of 3:00pm – 6:00pm.** You will have an opportunity to observe your child in a number of different learning situations, check out some of the assignments done in the class, and you might even be able to try some of the learning games.

Please feel free to drop in when it is convenient for you during 3:00pm – 6:00pm.

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## **\*NEW DATES\* Scholastic Book Fair!!!**

Our Spring Scholastic Book Fair fundraiser is just around the corner! The fair will open **Tuesday, March 5<sup>th</sup> at 2:43pm – 3:30pm**, and is also scheduled to take place during the student-led conferences on **Wednesday, March 6<sup>th</sup> from 2:43pm – 6:30pm.** Please come and visit us in the library and help support our school as every \$10 purchase returns up to \$6 in book profit to our school library.



We are receiving complaints of cars idling for long lengths of time on Rudyard Road. Please consider turning off your engines.

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## **Information for Students and Families from the Ministry of Health**

With the outbreak of measles in Vancouver, BC, families may be wondering what steps they can take to protect themselves from measles. Vaccination is the best method of protection. All school-age children and adults born in 1970 or later should have 2 doses of MMR vaccine for full protection. Most people born before 1970 are immune to measles because of past exposure or disease. Please take some time to check your vaccination records to see if you or your children need additional vaccination. Vaccination is available from physicians, pharmacists (for adults and children over 5 years), and public health units (for children). Call ahead to your healthcare provider to ensure that MMR is available at your appointment. More information about measles and MMR vaccine can be found at [healthlinkbc.ca](http://healthlinkbc.ca) and [immunizebc.ca](http://immunizebc.ca).

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## Clothing Needed

Mud puddles are upon us and our supply of extra clothing is quickly diminishing. If you have any pants, boys' or girls' size 6 -8 that you would be willing to donate we would really appreciate it.



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## Transportation Registration for 2019-2020 School Year

The **2019/20 on-line Transportation Registration** process for **Regular Program and Special Needs** bussing will open on **noon, Friday, February 15, 2019** and **close 5:00 p.m. on Friday, March 15, 2019.**

**LINK AND ELIGIBILITY INFO** (the on-line application will be available on the SD61 Transportation webpage on Feb 15; eligibility info on webpage):

<https://www.sd61.bc.ca/our-district/departments-services/facilities-department/student-transportation/>

### **SERVICE INFORMATION:**

- SD61 provides **Regular Program Bussing Service** to approved students at: **Spectrum, Esquimalt, Shoreline/View Royal** (area near 6 Mile Rd), **Eagle View, Colquitz** (apply on-line using regular program application)
- SD61 provided monthly **BC Transit passes** for students at **Spectrum/Esquimalt** are determined after the application process by Transportation (apply on-line using regular program application form)
- Students who reside in catchment to a school not listed above, but live outside the district walk limits, would be eligible to apply for a SD61 funded monthly **BC Transit Pass**, but not regular program bussing service. Use Transportation email to inquire: [transportation@sd61.bc.ca](mailto:transportation@sd61.bc.ca)
- SD61 provides **Special Needs Bussing Service** to any school location for approved students with **an IEP detailing a permanent physical or cognitive disability that necessitates the need for transportation**. Excluding Victor students, all new special needs applicants or current riders who are moving to a different school **must attend their catchment school to be eligible** (apply on-line using special needs application form)
- Parents of **eligible Special Needs students** can choose the option of a SD61 funded monthly **BC Transit pass** (apply on-line using special needs application form)
- Parents can check their **catchment** by using the school locator tool (**English catchment**, not French): <https://www.sd61.bc.ca/schools/school-locator/>
- **International students are not eligible** for SD61 Transportation (contact International Student Program)

Please contact Transportation with any questions or concerns: [transportation@sd61.bc.ca](mailto:transportation@sd61.bc.ca)

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# **PAC News!**

Follow us on Facebook! [www.facebook.com/viewroyalpac](http://www.facebook.com/viewroyalpac)

Or visit our website [www.vrpac.com](http://www.vrpac.com)

You will find up to date information about what your PAC is up to!

Next PAC meeting:

**Wednesday, March 16<sup>th</sup>**

**6:30 pm in the Library**

Everyone welcome, we would love to see some new faces!!

Free babysitting is provided by the PAC.

**\*For the safety of our children, the PAC is now providing 2 babysitters at each meeting.**

We always look forward to having new members and volunteers. Come out to enjoy one of our fun events and see what volunteering with us is all about. Or join us for a PAC meeting in the school library 6:30 every second Wednesday of the month. For information about volunteering, or PAC meetings please email [president@vrpac.com](mailto:president@vrpac.com)

Did you know that the Pac supports many of the "extras" that are provided to our children at School? Without a PAC our kids would miss out on activities such as: Field trips, dances, movie night, fun fair, wheelchair basketball, special performances, fun food days, gymnastics, parent information nights, camps and much more.

If you are able to help, or have questions about volunteering for any event please contact [fundraising@vrpac.com](mailto:fundraising@vrpac.com) for more info

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## **Epicure Fundraiser**

Order forms will be coming home soon.

Share with all your friends - View Royal PAC receives 40% of sales!



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## **Purdy's Fundraiser**

Purdy's order forms for Easter will be sent home before Spring Break. This is a big fundraiser for our school. The PAC receives 25% of the sales!



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## Family Photo Night – Tuesday, March 12th 5-9pm

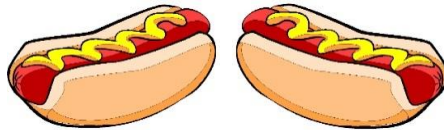
Photographers from Edge Imaging will be at our school the evening of Tuesday, March 12<sup>th</sup> to take family photos - just in time for Mother's Day! \$20 for a 20 minute session.  
Stay tuned for more details and how to book your session!



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## Fun Food – Hot Dogs! Friday, March 8th

Order deadline is Friday, March 1st at 3pm. You can order online at: <https://vrpac.hotlunches.net/>. We always need volunteers, we meet in the library at 11:30am and are done by 12:45pm. Can you help?  
Email [funfood@vrpac.com](mailto:funfood@vrpac.com)



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## PAC Elections

PAC Elections

PAC elections are coming up in May! We would love to have parents and guardians join us at an upcoming meeting to see what the PAC is all about and how you can help improve our school




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## Free Parent Seminar – Wednesday, February 27th 7-8:30pm


The View Royal PAC presents a free parent info night. Join us!  
“How to build nutritious, kid-friendly lunches to help fuel your child's learning.”

Registered dietitian and child-feeding expert Kristen Yarker, MSc, RD helps parents support picky eaters to try new foods on their own (without being forceful or sneaky). Since 2008 she has been working with parents to provide good nutrition for their kids today... and, instill a LOVE of food that lasts a lifetime.  
This event is free & childcare is provided. Doors open at 6:30pm - we will meet in the library.  
Please share!  
RSVP to [treasurer@vrpac.com](mailto:treasurer@vrpac.com). Please indicate if you require childcare to ensure proper staffing.



VIEW ROYAL PAC PRESENTS:  
**FOOD FOR THOUGHT**  
 HOW TO BUILD NUTRITIOUS, KID-FRIENDLY LUNCHES TO HELP FUEL YOUR CHILD'S LEARNING

FEATURING: **Kristen Yarker, MSc, RD**



Registered dietitian and child-feeding expert Kristen Yarker, MSc, RD helps parents support picky eaters to try new foods on their own (without being forceful or sneaky). Since 2008 she has been working with parents to provide good nutrition for their kids today...and, instill a LOVE of food that lasts a lifetime. [www.KristenYarker.com](http://www.KristenYarker.com)  
[Facebook.com/KristenYarkerNutrition](https://www.facebook.com/KristenYarkerNutrition)  
[Instagram: @KristenYarker](https://www.instagram.com/KristenYarker)

**February 27<sup>th</sup>**  
**Presentation from 7-8:30pm**  
*Doors open at 6:30pm*  
**View Royal Elementary School Library**  
**218 Helmcken Road**

Did you know? The brain is a very hungry organ!  
 Unlock the potential of food for your child's brain. Join us as we explore how to support your child's learning through easy to prepare smart snacks and lunches.

RSVP: [treasurer@vrpac.com](mailto:treasurer@vrpac.com)  
 \*Childcare and light refreshments will be provided, please indicate if you will require childcare to ensure adequate staffing

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## ONGOING FUNDRAISING OPPORTUNITES!!!

### Thrifty Foods Smile Cards

Thrifty Foods Smile Cards available through [fundraising@vrpac.com](mailto:fundraising@vrpac.com)  
 Pre-load your card at the store and 5% of your purchase is donated back to our school!



### Cobs Bread at Eagle Creek Shopping Center

Cobs Bread Eagle Creek- ask for your order to be put under View Royal Elementary \*before being rung through\* and 5% of your purchase will go back to our school!



### Glenwood Meats - 1245 Parkdale Drive in Langford

Glenwood Meats is again offering 10% of all purchases back to our school!  
 Bring your receipts to the school drop box, or ask at Glenwood counter to have your receipt put into the View Royal box.



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## COMMUNITY NEWS AND INFORMATION...

The Presentation **Childhood Anxiety: Empowering Strategies & Effective Supports** by Julie-Anne Richards, MA, RCC, CCC, is being hosted at Tillicum Elementary, **Thursday, March 7** from **6:00-8:00 pm**.

This is a FREE event which provides parents, teachers and caregivers of young children effective strategies to help an anxious child, based on CBT and Mindfulness.

<b>CHILDHOOD STRESS &amp; ANXIETY BUILDING RESILIENCE</b>	
<b>EMPOWERING STRATEGIES      EFFECTIVE SUPPORTS</b>	
	
Presentation and Discussion By: <b>Julie-Anne Richards, M.A., R.C.C., C.C.C.</b> Registered Clinical Counselor, Psycho-educational Consultant <a href="http://www.JulieAnneRichards.com">www.JulieAnneRichards.com</a>	
Thursday, March 7, 2019 6:00-8:00 pm <b>TILlicum ELEMENTARY</b> 3155 Albina St, Victoria for Parents, Caregivers & Educators  All Community Welcome	<b>Tailored for Parents, Caregivers &amp; Educators supporting children from ages 5-11 (K-Gr.5) experiencing stress &amp; anxiety</b>  <b>PRESENTATION INCLUDING Q &amp; A</b>
<b>Free Event!</b> <b>REGISTRATION REQUIRED</b> (Click to Register) <a href="https://www.eventbrite.ca/e/childhood-anxiety-presentation-tickets-53578050391">https://www.eventbrite.ca/e/childhood-anxiety-presentation-tickets-53578050391</a>	
<b>All Adults from Schools in the District Welcome</b> <b>Hosted by Tillicum Elementary</b> <b>Limited Childminding Available by Donation * Registration Required *</b> Funded by the Eric Palmer Memorial Foundation <a href="http://www.ericfoundation.com">www.ericfoundation.com</a>	

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## **ARE YOU THE PARENT OF A 2 - 12 year old?**

- Would you like to learn about even more effective ways of parenting in today's world?
- Are you frustrated with your child's behaviour and don't know what to do or where to go?
- Have you heard of Triple P?  
[www.triplepvip.ca](http://www.triplepvip.ca)

Triple P is a system of proven parenting solutions that help resolve current parenting problems and prevents future problems before they arise. As one of the few evidence-based parenting programs available, with over 25 years of proven clinical research to back it up, you can be sure Triple P works for the majority of families.

***Wednesdays***

***May 1—June 19, 2019***

***6:30pm—8:30pm***



***Limit of 10 participants***

**To Register:** online at [southislandcentre.ca](http://southislandcentre.ca), email: [courses@southislandcentre.ca](mailto:courses@southislandcentre.ca) or  
call: 250.472.2851

**Location:** South Island Centre for Counselling & Training  
3821A Cedar Hill Cross Road, Victoria



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View Royal Community Association  
presents

# Community Movie Nights

*New for 2019, the View Royal Community Association is presenting Community Movie Nights, showcasing a diversity of films to appeal to the diversity of people who live in our community. With no one genre being favored, films will aim to bring awareness & perspective to unique issues, uplift the human spirit or showcase the ability for people to make connections amidst our differences.*

- Movies are open to all members of our community, near & far.
- Doors open at 6:45pm, movies start at 7:15pm at 279 Island Hwy.
  - Movies are FREE! Donations are happily accepted!
- Popcorn, treats & refreshments available for sale on site.

## Weekly Film Schedule for February – March 2019

Tuesday February 5<sup>th</sup>:



### Where the Wild Things Are (2009, Warner Bros. Film)

Based on the classic children's story by Maurice Sendak, this is our choice for our community movie night debut! Join Max in this adventurous fantasy drama as he creates his own world of Wild Things while confined to his bedroom without supper. For the youth in all of us, big or small, this film is rated PG.

Tuesday February 12<sup>th</sup>:



### The Lobster (2015)

A European arthouse film, the Greek director, Yorgos Lanthimos, brings us a story that picks a part traditional culture's portrayal of being single when in a dystopian near future, single people, according to the laws of The City, are taken to The Hotel, where they are obliged to find a romantic partner in forty-five days or are transformed into beasts and sent off into The Woods. An unusual and a unique film. Rated 14A.

Tuesday February 19<sup>th</sup>:



### Birthmarked (2018)

In honor of BC's Family Day, this Canadian fiction comedic film challenges the contrast of nurture vs. nature when two top scientists quit their jobs to take on an experiment that they think will revolutionize our understanding of human identity. In the raising of three kids from three different gene pools with contrasting genetic backgrounds, the husband and wife scientists set out to nurture the nature out of them, learning along the way what the real value of family is. Rated 14A.

View Royal Community Association, 279 Island Hwy, View Royal. For more info; [vrca2011@gmail.com](mailto:vrca2011@gmail.com)

# Vancouver Island Parent Conference – March 2, 2019

Registration for the 2019 Vancouver Island Parent Conference is now open at <http://vipc.ca/register>.



## New this year:

- childcare will be available for ages 5-11 through West Shore Parks and Recreation for \$35 / child for the day!
- Sessions are marked according to suggested age focus 0-9 10+  
All Ages
- A special conference rate has been arranged with the Grand Pacific for out of town guests \$129 + tax
- There will be a post-conference social at the Six Mile

**Cost:** \$75 if registered by February 3.

\$100 if registered after February 3.

This cost includes lunch and refreshments for the day.

**Bonus:** the first 100 paid, non-sponsored registrants will receive a swag bag on the day of the conference.

**Location:** Belmont Secondary School (3041 Langford Lake Road)

We sincerely hope you can join us for this exciting event! A full description of all speakers and workshops can be found at <http://vipc.ca>.

We look forward to seeing you at the conference!



Your VIPC Committee [www.vipc.ca](http://www.vipc.ca)

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