



May 10, 2019

VIEW ROYAL ELEMENTARY NEWSLETTER

218 Helmcken Road, Victoria BC V9B 1S6 Ph: 250-479-1671 Fax: 250-744-2389
E-Mail: viewroyal@sd61.bc.ca Website: <http://www.sd61.bc.ca>

IMPORTANT DATES TO NOTE:

| | |
|---------------------------------|---|
| Wednesday, May 15 th | Rescheduled School Photo: after lunch |
| Thursday, May 16 th | Grade 5 Transition Afternoon at their middle schools |
| Friday, May 17 th | Non-Instructional Day: no classes in session |
| Monday, May 20 th | Victoria Day: no classes in session |
| Friday, May 24 th | Welcome to Kindergarten event (9:00-10:15; 10:45-12:00) |
| Friday, May 24 th | Jump Rope for Heart event in afternoon |
| Saturday, May 25 th | PAC Bottle Drive |

Principal's Address:

Volunteerism is alive and well at our school. Thank you again for all the help today at Fun Food Friday, for signing up for field trips, and for the latest fundraising activities. We are especially delighted to have learned of the parents willing to let their name stand for one more year as executive members on our PAC. We are very excited to welcome the new executive members! See the new roster below.

Friendly reminder to make sure that your children are sent to school dressed for the weather, including hats and sunscreen.

Congratulations to the Rugby teams and coaches Kevan and Marshall for supporting our Mini-tournament at Gordon Head Middle School. It was an outstanding effort by our teams.

~Miss Pick

The Terry Fox Foundation

Great job, View Royal! Our school raised \$494.00 for cancer research in 2018. Thank you to everyone who participated for ensuring that Terry's legacy will live on until a cure for cancer is found.

"I'm not a dreamer... But I believe in miracles. I have to."
- Terry Fox



**THE TERRY FOX
FOUNDATION**

SPRING CLEANING?

PLEASE SAVE YOUR GENTLY USED BOOKS FOR VIEW ROYAL'S 9th ANNUAL BOOK BINGE

This is a great opportunity to encourage your children to keep reading over the summer break! Gear up with new reading material by simply bringing in your child's gently used books (i.e. fiction, non-fiction, chapter books, picture books, comic books, etc...please note: board books and toddler books are too young for our students, but they can be donated to the 1000x5 book bin at the front of the school).

Students will be given one ticket for each book they bring in (up to 7 tickets per student, any books brought in over that amount will be donated to the Book Binge). During the second week of June your child's class will come to the library to cash in their tickets and shop for gently used books. The idea is that every student will receive at least 1-7 'new' books. Please help us and save your gently used books!! You may bring them to the library at any time.

If you have any questions please come by the library or call Sherri O'Sullivan at 250-479-1671.



PAC News!

Follow us on Facebook! www.facebook.com/viewroyalpac

Or visit our website www.vrpac.com

You will find up to date information about what your PAC is up to!

Next PAC meeting:
Wednesday, June 12th
6:30 pm in the Library

Everyone welcome, we would love to see some new faces!!

Free babysitting is provided by the PAC.

*For the safety of our children, the PAC is now providing 2 babysitters at each meeting.

We always look forward to having new members and volunteers. Come out to enjoy one of our fun events and see what volunteering with us is all about. Or join us for a PAC meeting in the school library 6:30 every second Wednesday of the month. For information about volunteering, or PAC meetings please email president@vrpac.com

Did you know that the PAC supports many of the “extras” that are provided to our children at School? Without a PAC our kids would miss out on activities such as: Field trips, dances, movie night, fun fair, wheelchair basketball, special performances, fun food days, gymnastics, parent information nights, camps, and much more.

If you are able to help, or have questions about volunteering for any event please contact fundraising@vrpac.com for more info.

Fun Fair

Friday, June 21st, 5:00-8:00 pm

This is a free event for View Royal Elementary families organized by the PAC. We are looking for silent auction donations! This is a great way to support your PAC and showcase your business.

If you have an item to donate or have a question, please email fundraising@vrpac.com.



Bottle Drive

Saturday, May 25th from 9:00am to 1:00pm

The bottle drive date has changed! Bring your bottles and cans to View Royal Elementary on Saturday, May 25th between 9:00 and 1:00. All proceeds benefit the school. The primary & intermediate classes that donate the most bottles & cans win a pizza lunch!

We need lots of volunteers to make this a successful event!

Can you help with any of the following items? Please email bottledrive@vrpac.com

- Set up tables (9:00-9:30am)
- Sort bottles 9:00-2:00 (any time)
- Clean up and put away tables (1:30-2:00pm)
- Pick up coffee and donuts from Tim Hortons (9:00am)
- Arrange for lunch (usually hot dogs)
- Buy supplies (before the bottle drive)
- Cook hot dogs (11:30-1:00pm)
- Tally classroom contest sheets and communicate winners (sometime after the bottle drive)
- Organize pizza party for the winning classes (usually a week or two after the bottle drive)



New Fundraiser

Coming MID MAY - Sweetlegs Leggings Fundraiser!
More details coming soon on our Facebook page.



Thank you!

We raised \$512 at our movie night! And, our end of the year Volunteer Appreciation event is coming soon. Stay tuned for more details and thank you to everyone who takes the time to volunteer for the PAC!!

thank you 😊

New PAC Executive

On Wednesday night, our new PAC Executive for the 2019/2020 school year was voted in. A big huge thank you to all of our PAC members!! The president position for the coming school year is currently vacant and we are in search of a volunteer (or two – the position can be shared). Anyone interested in this position is asked to email our current president for more information– president@vrpac.com.

PAC Positions

- VACANT**, President
- Catherine Chernoff**, Vice President
- Pamela Duncan**, Immediate Past President
- Megan Speed**, Treasurer
- Tarrie Simpson**, Secretary
- Amanda Campbell**, VCPAC Representative
- Trisha Tahouney**, Fundraising Coordinator
- Leigh Patten**, Bottle Drive Coordinator
- Jenn Devesa**, Fun Food Coordinator
- Megan Newhouse**, Webmaster and Communications Coordinator
- Mandy Gorman**, Health and Safety Coordinator
- Jenn Booth**, Parent at Large

ONGOING FUNDRAISING OPPORTUNITES!!!

Thrifty Foods Smile Cards

Thrifty Foods Smile Cards available through fundraising@vrpac.com
Pre-load your card at the store and 5% of your purchase is donated back to our school!



Cobs Bread at Eagle Creek Shopping Center

Cobs Bread Eagle Creek- ask for your order to be put under View Royal Elementary *before being rung through* and 5% of your purchase will go back to our school!



Glenwood Meats - 1245 Parkdale Drive in Langford

Glenwood Meats is again offering 10% of all purchases back to our school!
Bring your receipts to the school drop box, or ask at Glenwood counter to have your receipt put into the View Royal box.



COMMUNITY NEWS AND INFORMATION...

**April - June
17 19**



DANCE WITHOUT LIMITS

Victoria

This program provides a safe, calm environment for children and youth with various disabilities to have fun while exploring dance, creative movement and games.

Where: MOVE Adapted Fitness & Rehabilitation Society
#100 - 775 Topaz Ave, Victoria BC

When: Wednesdays, April 17- June 19, 5 - 6 pm

Offered in collaboration with Embrace Arts Foundation

This is a free program and drop-ins are welcome!

For more info and free registration, contact
programs@bccerebralpalsy.com or (604) 408 9484
Visit us www.bccerebralpalsy.com



Intro to Wheelchair Basketball

May 8th - June 19th

8-16 yrs

WEDNESDAY

5:00-6:30 PM

JDF Curling Rink

Instructor: Simon Cass

\$42.00

Did you know that 40% of wheel chair basketball athletes can walk? Come and experience a fun and exciting sport! Learn some basic wheelchair skills and play lots of game with our highly qualified coaches. Open to all abilities! Sport wheel chairs can be provided by Victoria Wheel Chair Sports. No experience is required, registration is required and ongoing.

WHY INCLUSIVE SPORTS?

Wheelchair sports take people of different athletic ability, gender, and skill level and put them on a level playing field to enjoy physical activity. The problem solving skills, teamwork and creativity needed to succeed are unique to wheelchair sport, while still teaching core abilities like strength, balance, coordination and flexibility. Get into a sports chair and see where the game takes you! Please contact jspeed@westshorerecreation.ca for more information.

Call 250-478-8384 to Register - Course Code # 22059



[westshorerecreation](https://www.facebook.com/westshorerecreation)



[@wsrecreation](https://twitter.com/wsrecreation)



[@wsrecreation](https://www.instagram.com/wsrecreation)



westshorerecreation.ca



250-478-8384

Keeping our Children Safe from Gangs

Gang Reduction through Informed Practice



For Parents of School-Aged Children

British Columbia’s gang landscape is vastly different from other jurisdictions, this is why this presentation is so important. Children from all socio-economic backgrounds can be vulnerable to gang recruitment and involvement. Youth are being recruited in ways that our communities have never seen before. You will leave this presentation with a greater understanding of what you can do to prevent your child from getting involved in gang activity.

Please join us for this **FREE** informative presentation which will cover the following topics and more!

- What is a youth gang?
- Understanding why youth are attracted to the gang lifestyle
- What does gang membership entail?
- Warning signs to look for
- What to do if you think your child is involved in gang related activity
- How to keep your children safe from youth gang involvement

May 14th , 2019

Archie Browning Sports Centre

Esquimalt, BC

Session from 6:00pm – 8:00pm



InclusionPlus Advisory Committee Meeting

VCPAC's new InclusionPlus Advisory Committee is having its **FIRST** general meeting!

We are a parent group for advocacy, support, information sharing and visioning. If you have a child with complex education and support needs come meet with us to explore issues, challenges and your aspirations for the Greater Victoria School District (SD61) to support the committee's advocacy efforts.

Wednesday, May 15
Oaklands Elementary School library
7 - 9 p.m.

Presentations:

Who Can I Turn To?

Audrey Smith, Chair, Victoria Confederation of Parent Advisory Councils will speak to the rights parents have and how a parent can advocate in SD61.

What Can a Student Expect?

Tracy Humphreys, founder and Chair, BCEdAccess will speak to the rights students have and for which parents can advocate.

Please RSVP at inclusionplusinfo@vcpac.ca



Cool Cues

Cool Cues is a social skills program for 8-10 year olds. Join us for some fun with games, art, crafts, group activities, and snacks! Make new friends in this free program.

Fridays 3:15-4:30pm

May 17 – June 21, 2019

Program is FREE but registration is required.

Call Janessa at 250-415-7721
or email jserediuk@jbcp.bc.ca

“Building Community Together”

547 Michigan Street 250-388-7844 askus@jbcp.bc.ca www.jbcp.bc.ca

Fast and Female Champ Chat

On Friday, May 17th Pro-D Day, Fast and Female is coming to Victoria! A Champ Chat will host Fast and Female Ambassadors, who are Olympians, World Champs, Elite and Varsity athletes and will spend a morning at Glenlyon Norfolk School empowering and inspiring girls ages 8 to 18 to stay active and healthy in sports throughout their teens.

[What is Fast and Female?](#)

[Keeping Girls Healthy, Happy and Active in Sports | News Post](#)

[Event registration page and ambassador list here](#)

Glenlyon Norfolk School Present:

FAST AND FEMALE CHAMP CHAT

Join us for a morning of empowerment and inspiration for girls to stay active and healthy in sports.

**FRIDAY, MAY 17TH
9-12:30PM**

For more information visit:
fastandfemale.com

JILL YONEDA

LARYSSA BIESENTHAL

SARAH CRAVEN

JACLYN STELMASZYK

MANDY-RAE KRACK

LEAH HALL

BUNNY HUGHES

“Start With Strengths: Change the Lens, Change the Story”

Join us for a Video Presentation

When we focus on the strengths and abilities of young people who experience school-related challenges, this can help build skills and increase confidence in our youngsters. In this presentation, we share real-life stories of the positive impacts that come with focusing on strengths when working with kids, and how this can help create the conditions for their success.

Topic Presenters:

Chris Wejr, Principal, James Hill Elementary School, Langley

Thursday May 23rd, 2019

6:30pm – 8:30pm

**Military Family Resource Centre
2610 Rosebank Rd
Victoria, BC**

FREE OF CHARGE

Please RSVP by email: lisa.tate@familysmart.ca

Mom’s Coffee Afternoon

When: 10 am – 12 pm, Monday May 27th

Please join us for an afternoon of meeting other Moms (and female guardians) who experience similar joys and challenges raising children, youth or young adults with “diff-abilities”. You may share stories and concerns, and brainstorm ideas in a respectful environment. Please advise me as soon as possible if you will need onsite child-minding.

Moms are welcome to arrive late or leave early, as needed.

Because of allergies, this will be a fragrance-free event.

Special thanks to **Cordova Bay United Church, 813 Claremont Avenue, Saanich**, for generously allowing us the use of their space. There is ample free, accessible parking.

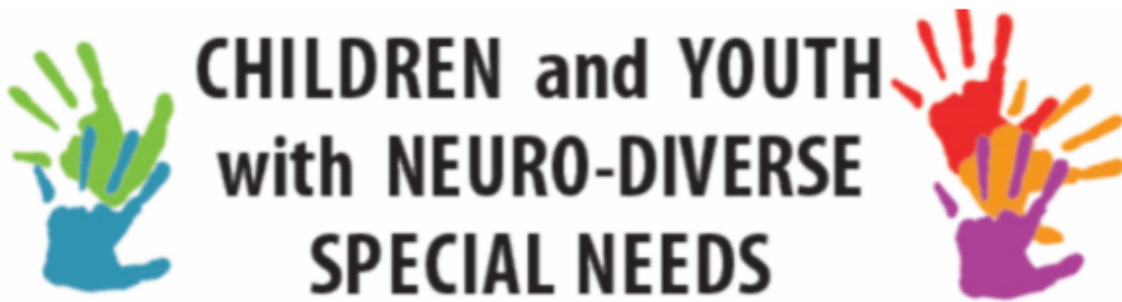
Contact: Laurie-Anne

therascalsmom@shaw.ca



~ Your opportunity to be heard! ~

The Committee is currently undertaking a special project on children and youth with neuro-diverse (e.g.: ASD, FASD, Developmental Delay) special needs, with a focus on assessment and eligibility processes. British Columbians are invited to participate in the project by speaking with the Committee at a public hearing or by making a written, audio or video submission.



Consultation: Public Hearing Schedule

| | | |
|----------|-----------------------------------|--|
| Victoria | June 3, 2019 9:00 am - 4:00 pm | Douglas Fir Committee Room (Room 226), Parliament Buildings |
|----------|-----------------------------------|--|

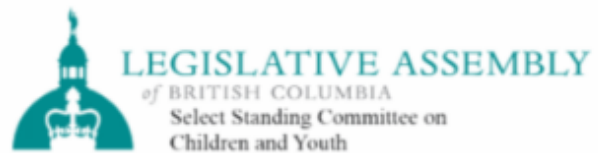
**Schedule subject to change.*

Registration to speak at a public hearing is available on the Committee's website: www.leg.bc.ca/cmt/cay. Teleconference opportunities can be requested by calling 250-356-2933 or 1-877-428-8337 (toll-free in BC).

Speaking timeslots will be **15 minutes** - 10 minutes for your presentation and 5 minutes for questions from Committee Members.

Opportunities to make a written, audio or video submission are also available on the Committee's website: www.leg.bc.ca/cmt/cay.

The deadline for all input is **June 7, 2019 at 5:00 p.m.**



Autism Services

Community Living
VICTORIA

If your son or daughter has autism and is 6 to 18 years old, we can help.

- 1:1 Behaviour Intervention
- Year-Round Social Skills Groups and Day Camps
- Autism Funds Management

☎ 250-477-7231 ext 237
✉ autism@clvic.ca

**REGISTRATION NOW OPEN FOR OUR
SUMMER DAY CAMPS 2019**

Community Living
VICTORIA

Hope. Help. Home.



Music Therapy Summer Camp

PROUDLY PRESENTED BY
children's
 HEALTH FOUNDATION
 OF VANCOUVER ISLAND



This year's Summer Camp will include Music Therapy and Physical Literacy. The Victoria Conservatory of Music is partnering with PISE (Pacific Institute for Sport Excellence) to offer a music therapy camp combining music and physical literacy activities.

Children must be accompanied during sessions.

Registration opens May 3 and is limited. To register, please complete our online form:
vcm.bc.ca/program-areas/therapy



*Medically Complex Children are children with cortical visual impairment with additional sensory, language, and motor impairment.

- | | |
|---------------------|---|
| July 1 - 5 | VCM Westhills, Langford #210 – 1314 Lakepoint Way |
| July 8 - 12 | Nanaimo Conservatory of Music 375 Selby Street |
| July 15 - 19 | VCM Downtown 900 Johnson Street |
| Cost: | FREE! |
| Ages: | 1 - 8 years |
| Faculty: | Andrea Cave (<i>VCM Downtown & Westhills sites</i>) Aisling Ryan-Aylward (<i>Nanaimo site</i>) MUSIC THERAPISTS Lesley Cambridge PHYSICAL LITERACY INSTRUCTOR |
| 9:00 - 9:45am | 1 - 2 years old |
| 10:00 - 10:45am | 3 - 4 years old |
| 11:00 - 11:45am | 5 - 6 years old |
| 1:00 - 1:45pm | 7 - 8 years old |
| 2:00 - 2:45pm | 3 - 5 years old |
| 3:00 - 3:45pm | Medically Complex Children 1 - 8 years old * |



VCM.BC.CA | 250.386.5311
